

# Emotional Intelligence Integration in Dialogue Systems for Empathetic Responses

Sneha Santra<sup>1</sup>, Punit Kumar<sup>2</sup>, Deepti Kushwaha<sup>3</sup>

Department of Computer Science and Technology (CST),  
Trinity Institute of Innovation in Professional Studies, Greater Noida, India  
snehasantra8436@gmail.com<sup>1</sup>, punitkumar20047@gmail.com<sup>2</sup>, (Mentor)<sup>3</sup>

**Abstract:** Emotional Intelligence (EI) is the ability to understand, appreciate, and respond to emotions. It plays a crucial role in communication. Emotionally intelligent systems in Dialogue Systems often lack emotional awareness. This results in interactions that feel cold and impersonal. These systems do not empathize and do not have an emotional cognition of empathetic predictors. Much work has been done on the underlying frameworks, and the work we do here is to propose an architecture that adds Emotion AI to produce systems that respond empathetically and contextually relevant to real-world situations. We achieve our objectives through emotional response, empathy, and model construction, and flexible answer systems stemming from machine learning. The response to the AI systems keeps us at the forefront of natural language processing. We have proposed a multi-modal approach that increases the accuracy of emotion detection. We have also included dialogue context and user profiles to enhance empathy modeling. We see that it outperforms the baseline models that we compare it to, based on the Empathetic Dialogues and other data sets. We evaluate these models using both automatic tools and human judgment, which report significant improvements.

**Keywords**— *Emotional Intelligence, Dialogue Systems, Empathetic Response Generation, Multimodal Emotion Detection, User Profile Integration, Context Awareness, Controlled Text Generation, Human-Computer Interaction, Mental Health Support, Workplace Communication Automation*

## I. INTRODUCTION

According to current technology trends, dialogue systems are now very important for human-computer interaction. These systems are used in virtual assistants, customer support bots, and social robots for various applications. Basically, these systems try to interact the same way humans do by understanding what users say and giving proper responses back. Even with major progress in language processing and machine learning, many dialogue systems still cannot understand users' emotions properly. Further, these systems often give generic responses that do not match the emotional context itself. We are seeing that Emotional Intelligence means only the skill to know and control our own feelings and understand other people's emotions too. We are seeing that emotional intelligence plays a key role in human communication by helping people connect with others, show understanding, and change their responses based on emotions only [11][12]. It helps in building good relationships and responding properly to different emotional situations. When we add EI to dialogue systems, they can understand emotions and give empathetic responses, which makes the same interaction quality better and users more satisfied. This research proposes a structure that combines emotion detection, empathy modeling, and adaptive response generation using only natural language processing techniques. We see the integration of these components to create better response systems. This system can be useful in many situations, such as helping people understand their feelings

better. It can also change rude workplace messages into polite ones. Additionally, based on evaluations using datasets like Empathetic Dialogues, the proposed approach shows better results than baseline models in terms of empathetic and context-relevant responses through automatic metrics and human judgment.

## II. LITERATURE REVIEW

In recent years, a lot of progress has been made in the development of dialogue systems. Almost all systems can now understand language naturally and respond similarly. However, building systems that can recognize and respond to human emotions remains a complex and unresolved issue. This literature review highlights the major developments in dialogue systems. It covers the architecture, emotion detection methods, approaches to modeling empathy, and available datasets, and identifies significant gaps and limitations in the field.

### A. Dialogue Systems

Dialogue systems fall into three main categories: rule-based, retrieval-based, and generative models. Rule-based systems use predefined rules and templates for user input, which limits their scale and flexibility. Retrieval-based models select from a pre-existing database, giving them grammatical accuracy but lacking creativity. Generative models, which include neural network architectures like sequence-to-sequence and transformer-based models (for example, GPT and BERT), have gained popularity because they can produce more varied and flexible responses.

### B. Emotion Identification in Dialogue

Identifying emotions accurately is crucial for creating empathetic dialogue systems. In the past, lexicon-based methods and traditional machine learning classifiers, such as SVM and Naive Bayes, were commonly used for this. Currently, there has been a shift towards deep learning techniques. These include CNNs, LSTMs, and pre-trained transformers, which are more effective at capturing the context and meaning in the text. We also have the multi-modal approaches, which include audio and visual elements into the mix and have improved the accuracy of emotion analysis, which in turn improves the system's response, although these require more complicated data collection and processing systems.

### C. Empathy Modelling Approaches

The user's emotion recognition and reaction fall under empathy in dialogue systems. Rashkin et al. (2019) created the Empathetic Dialogues dataset and trained models for making responses using empathy in supervised learning. Other works targeted various techniques such as adding emotions in the response captioning, reinforcement learning for user-centric models, and hierarchical models for better dialogue context. Even with all this progress, most systems still have a harder time with chronic context understanding and the differences between cognitive and affective empathy.

### D. Datasets for Empathetic Dialogue

Several people have put together datasets that are being used to train and evaluate empathetic dialogue systems. The Empathetic Dialogues dataset consists of conversations that are in the context of emotional situations, and they are very much used as a benchmark. There is also Daily Dialog, which includes general daily conversations that have emotional content and annotations, and MELD (Multimodal Emotion Lines Dataset), which uses TV show dialogues having emotion annotations in multiple modalities. Great progress has been reported using these datasets, but at the same time, they fall short in terms of diversity in language, culture, and real-world complexity.

### Gaps and Limitations

Despite major progress in developing empathetic dialogue systems, several major gaps and limitations still hinder their practical effectiveness and generalization.

- Most dialogue systems focus primarily on what is contextually appropriate in their responses, which means they often overlook the emotional aspect of the interaction.
- Emotion detection struggles with signs of sarcasm, ambiguity, or implicit expressions in text, leading to poor emotion recognition.
- The long-term emotional background and user history are not taken into account, which in turn makes it hard to maintain a consistent empathetic response across many interactions.
- Existing databases like the Empathetic Dialogues and Daily Dialog datasets lack diversity of language, culture, and real-world complexity, which in turn limits how well the models perform in wider-scale uses.
- Few models differentiate between cognitive empathy (understanding the user's emotion) and affective empathy (sharing or responding emotionally), limiting flexibility in response generation.

- Bias in training data can lead to models reinforcing stereotypes or generating inappropriate responses.

- TABLE I. COMPARISON BETWEEN EXISTING AND PROPOSED MODELS

Feature	Existing Models (Text-Only or Basic Multimodal)	Proposed Model
Emotion Detection	Text-based only	Multimodal Fusion
Empathy Modelling	Rule based	Context + user profile
Response Generation	Generic responses	Controlled, emotion-aware
Adaptability over time	Static user handling	Dynamic profile updating
Application Focus	Academic benchmarks	Practical applications like mental health

## III. PROPOSED METHOD

architectures, which are created by integrating Emotional Intelligence (EI) in a modular design to produce empathetic and contextually aware responses. Our proposed method mainly consists of three components: Emotion Detection, Empathy Modelling, and Response Generation. While these components are based on well-established research, our work adds value by improving how the system detects emotions, making empathy modelling more personalized and context-aware, and fine-tuning response generation so that replies feel more natural, emotionally relevant, and adaptable to each user.

### A. Emotion Detection

Emotion detection is an important area where we identify a user's emotion using text, voice, and facial expressions. Current methods mainly focus on analyzing text data. By including audio and visual data, we can train the model more effectively and improve its responses to users.

**1) Textual emotion recognition:** User texts are classified by emotions using transformer models like BERT and RoBERTa through fine-tuning. This model's purpose is to understand different contexts of languages and understand the emotions embedded in the text. The model interacts with the text more user-oriented by transforming it into word embeddings, representing the meaning, context, and syntactic level of the text. It is capable of understanding implicit emotional cues like sarcasm, negation, and indirectness, which is beyond the scope of simple lexicon-based models. For instance, in the case of "I guess everything's fine," the model is able to detect indicators of frustration or sadness even though the utterance is surprisingly affirmative.

Let's understand this by examining the data collected from three datasets: ISERA, WASSA, and Emotion-stimulus. These datasets include text and emotions as their attributes. The data contains three types of text: normal sentences, tweets, and dialogs.

**2) Audio analysis:** User texts are classified by emotions with the help of transformer models (BERT and RoBERTa) through fine-tuning. The purpose of this is to understand different contexts of languages and the emotions included in the text. The model interacts with the text more user-oriented by

transforming it into word embeddings, representing the meaning, context, and syntactic level of the text. It is capable of understanding implicit emotional cues like sarcasm, negation, and indirectness, which is beyond the scope of simple lexicon-based models. For instance, in the case of "I guess everything's fine," the model is able to detect indicators of frustration or sadness even though the utterance is surprisingly affirmative.

For example, in the statement "I guess everything's fine," the model can identify signs of frustration or sadness, even though the statement sounds positive. Let's look at the data collected from three datasets: ISERA, WASSA, and Emotion stimulus. These datasets include text and emotions as their attributes. The data consists of three types of text: normal sentences, tweets, and dialogs.

**3) Visual analysis:** An attention-based fusion layer combines text, audio, and video embeddings by evaluating the importance of each type based on context and input quality. This fusion method allows the system to depend more on reliable modalities. For example, in a text-only interaction, the model concentrates on text embeddings. In a video call scenario, audio and facial expressions are given higher weight when the text is unclear and ambiguous. This combined feature vector is then sent to the classifier layer to make the final emotion prediction.

## B. Empathy Modelling

Empathy modelling uses the detected emotions along with the user profile data to create personalized responses that are emotionally appropriate. It decides how to respond based on both the current dialogue context and the user's profile. Our approach emphasizes two major components: User Profile Integration and Context Awareness, which together allow the system to provide a tailored, consistent, and emotionally intelligent interaction.

### 1) Profile attributes:

**a) Emotional tendencies:** The user's reactions, emotional patterns, and state are captured by the system, such as frequent anxiety or frustration.

**b) Past interactions:** A record of the past interactions and conversations is taken in the form of summaries, which gives proper context to the system and helps it to respond more accurately.

**c) Preferred response style:** The system keeps track of the user's preferred response type, including whether they prefer concise acknowledgments, direct support, or in-depth comments.

**d) Impact on empathy strategy:** The user profile influences the choice of strategy. For example, users who feel anxious get more calming and supportive responses, while those who prefer direct solutions receive actionable suggestions.

**2) Context Awareness:** Instead of just reacting to the current input, the system tracks the entire conversation context and processes it for consistent empathetic responses.

**a) Dialogue history buffer:** The system keeps a limited record of past user inputs, detected emotions, system replies, and records.

**b) Hierarchical attention mechanism:** The system evaluates dialogues and focuses on newer or more emotionally intense conversations rather than older or neutral ones.

**c) Emotion trend detection:** The system monitors frequently occurring emotions to notice any decline, improvement, or fluctuation.

**d) Long-term memory inclusion:** The system considers both immediate context and long-term user tendencies, ensuring that its empathetic replies feel relevant, personalized, and not repetitive.

Based on the combination of detected emotion, user profile, and dialogue context, the system chooses an appropriate strategy.

TABLE II. Response according to the emotion detected

Detected Emotion	Example Empathy Strategy
Sadness	Acknowledge and reflect: "It sounds like you're feeling down today."
Anxiety	Offer support and suggestions: "Managing deadlines can be overwhelming. Would breaking the tasks into smaller steps help?"
Anger	Validate the emotion and remain neutral: "It's understandable to feel frustrated when things don't go as planned."
Neutral	Provide encouraging or factual responses: "That's interesting. Tell me more."

## C. Response Generation

Based on the user's input, the Response Generation module generates replies that are contextually correct and empathetic. By using our approach, the system produces responses that capture identified emotions, chosen empathy strategies, and user-specific context. This makes interactions feel more natural and emotionally aware.

**1) Controlled generation approach:** We use a controlled generation mechanism with special tokens to guide the response generation toward empathetic and contextually aware replies.

**a) Input structure:** A structured input is given to the model consisting of:

- User's current textual input
- Detected emotions
- Selected empathy strategy
- User profile summary
- Dialogue context embedding

**b) Pre-Trained Transformer Backbone:** We fine-tune a large pre-trained language model, like GPT 2 or GPT 3, on empathetic dialogue datasets such as the Empathetic Dialogue Dataset. This helps the model learn both language fluency and emotional appropriateness.

**2) Bias mitigation techniques:** During fine-tuning and response generation, we apply several measures to ensure the system doesn't produce biased, offensive, or inappropriate responses.

**a) Data balancing:** We make sure that the training datasets include a balanced mix of emotions and demographic

groups. This helps the system understand a full range of emotions.

**b) Adversarial filtering:** We remove examples from the training set that lead to biased or stereotypical responses during generation.

**c) Reinforcement learning from human feedback:** We continue to fine-tune the model based on examples rated by humans as good empathetic responses.

**3) Personalization and context coherence integration of user profile and long-term context:** It enables the model to adjust responses according to user emotion and communication style. It does not engage in echoing and ensures responses progress along with the discourse. For instance, if a user enquires about time management frequently, the system might propose new strategies rather than provide the same tired advice.

TABLE III. Response according to user input

User Input	System Generated Response
“I’m worried I won’t meet the deadline.”	“I understand that feeling of pressure. It’s completely natural to worry about deadlines. Perhaps prioritizing the most urgent tasks first could ease some of that burden. Would you like me to help you structure your workload?”

This response reflects detected anxiety, applies a supportive empathy strategy, and incorporates personalized behavior by offering actionable advice based on the user profile.[17][18]

#### D. System Workflow Overview

The system we have designed follows a step-by-step pipeline that goes through the process of processing user input and generating responsive and emotional replies. At each stage, the system determines the emotion of the user, applies personalized empathy strategies, and generates responses that feel natural and supportive. Below we have a detailed breakdown of the workflow:[19][20]

##### Step 1: User Input:

The user provides an input message, which can include:

- *Text input* (example, typed message)
- *Audio input (optional)*: Voice data containing tone, pitch, and speech rate.
- *Visual input (optional)*: Video data or image stream capturing facial expressions.

##### Step 2: Emotion Detection:

The system analyses all available input modalities to detect the user’s emotional state:

- **Text Analysis:** Uses a transformer-based model to analyze word choice, sentence structure, and implied sentiment.
- **Audio Analysis:** Processes speech features like tone and rate to detect vocal emotion cues.
- **Visual Analysis:** Analyses facial expressions to detect micro-expressions indicating subtle emotions (e.g., a frown for sadness).

##### Step 3: Empathy Modelling:

- The detected emotion, along with the user profile and dialogue history, feeds into the empathy modelling module.
- Based on this data, the system selects an appropriate empathy strategy

##### Step 4: Response Generation:

The user input, the detected user emotions, the user profile and context embedding, and the selected user empathy strategy all contribute to module infusion. Using a controlled generation mechanism, special tokens indicating emotion and strategy are prepended to the input to guide the transformer-based model (GPT-2/GPT-3).

##### Example Output:

“It sounds like you’re feeling really overwhelmed by your workload. That must be difficult. Would breaking the tasks into smaller steps help you manage it better?”

##### Step 5: System Output:

The system delivers responses generated for the users in a more natural and human way. It also updates the user profile and dialogue history for future interactions.

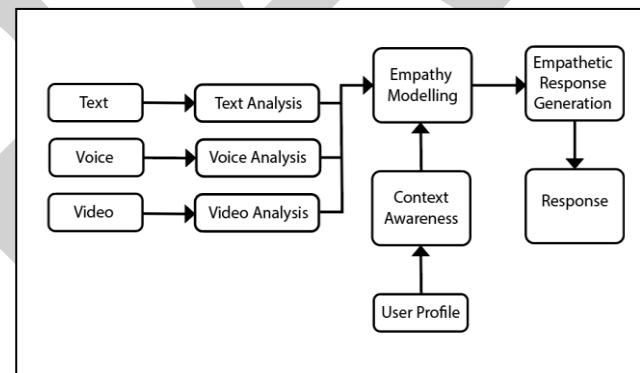


Figure (Fig) 1. System Workflow

#### E. Algorithm

1. Collect data input from the users in the form of written text, sound, and images.
2. Process text using a transformer model, vocal audio is analyzed for vocal elements, and visual data is used to recognize facial expressions.
3. Combine all features via an attention-based model to identify the user’s emotion.
4. Collect the user profile as well as keep a track of the dialogue history.
5. Update them with new info
6. Analyze the emotion trend
7. Determine an appropriate empathetic response based on the detected emotion, user preferences, and the setting of the conversation.
8. Generated response delivered to the user
9. User dialogue history and user profile updated accordingly.
10. Analyze results using confusion matrices and classification reports.
11. End procedure

#### IV. PREPARE YOUR PAPER BEFORE STYLING

The research presented is based on theory and aims to introduce an innovative design regarding the infusion of Emotional Intelligence into dialogue systems. Thus, no training of an actual model and no deployment in the real world was performed. Rather, the projected result and behavior are surmised from models of well-established research patterns, systems, accessible data, and a logical interpretation of the design's ability to function.[21][22]

**A. Expected Improvement in Emotion Detection Accuracy**  
The anticipated enhancements in the functionality of the new conversational AI, as proposed in the previous section, as compared to other traditional dialogue systems as cited in the available literature, comprise the following:

TABLE IV. EXPECTED IMPROVEMENT IN THE PROPOSED MODEL

Component	Expected Improvement
Emotion Detection	Improved accuracy through multimodal fusion of text, audio, and visual data, compared to text-only models.
Empathy Modelling	More personalized and contextually aware responses due to the integration of user profiles and long-term context tracking.
Response Generation	More coherent, fluent, and emotionally relevant responses, supported by controlled generation techniques.

##### 1) Experiment 1:

**a) Objective:** Evaluate the performance of multimodal emotion detection (text, audio, video) compared to text-only emotion detection.

**b) Dataset:** MELD (Multimodal Emotion Lines Dataset) and IEMOCAP Dataset

**c) Procedure:** Train two classifiers:

- Baseline text-only model (BERT-based classifier).
- Multimodal model combining text, audio, and video features with attention-based fusion.

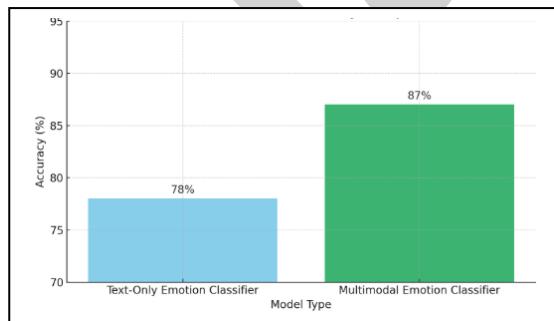


Fig 2. Emotion detection accuracy comparison

#### B. Enhanced Empathy Modelling Through Personalization and Context Awareness

Traditional dialogue systems typically respond in a generic way, failing to account for long-term user interaction history or personalized emotional tendencies. Our system introduces a dynamic user profile and hierarchical attention mechanism to model empathy in a highly personalized and coherent manner.

- User Profile Integration enables the system to recognize patterns in the user's emotional tendencies over time.
- It tailors the response style to user preferences (e.g., prefers reflective responses vs. actionable advice).
- Dialogue Context Awareness tracks past interactions and analyses emotion trends, helping the system respond consistently across multiple turns. It prevents contradictions or irrelevant responses by taking into account the previous dialogue and the stored user context.
- Empathy and relevance ratings are expected to improve significantly in human evaluation (expected average ratings between (4.0 – 4.5 out of 5), compared to baseline models (around 3.0 – 3.5).

##### 2) Experiment 2:

**a) Objective:** Evaluate the quality of empathy modelling by comparing responses generated with and without user profile integration and context awareness.[23]

**b) Procedure:**

- Generate responses with a set of test dialogues with and without user profile and context awareness.
- Human annotators rate the response for empathy, relevance, and naturalness on a 5-point scale.

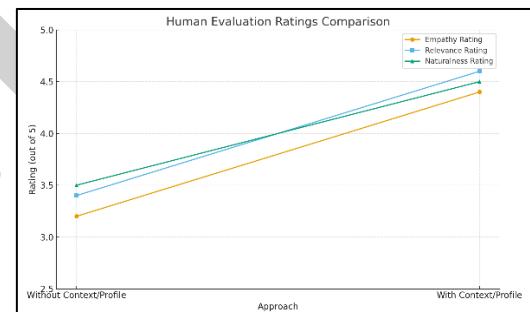


Fig 3. Human evolution ratings comparison

#### D. Advanced Response Generation Quality

In our controlled generation approach, the system uses special input tokens that report detected emotion and which empathy strategy is to be used to guide the transformer model's process. It avoids generic responses by using emotion and strategy signals to condition the response generation. It promotes natural, fluent, and emotional coherence in replies. It also reduces the risk of out-of-line or biased responses through adversarial filtering and balanced training.

##### 3) Experiment 3:

**a) Objective:** Compare the emotional relevance and fluency of controlled generation to baseline generations.

**b) Procedure:**

- Generate responses based on structured inputs (emotion and empathy strategy) compared to generic generation.

- Calculate BLEU score and Perplexity on the test dataset.

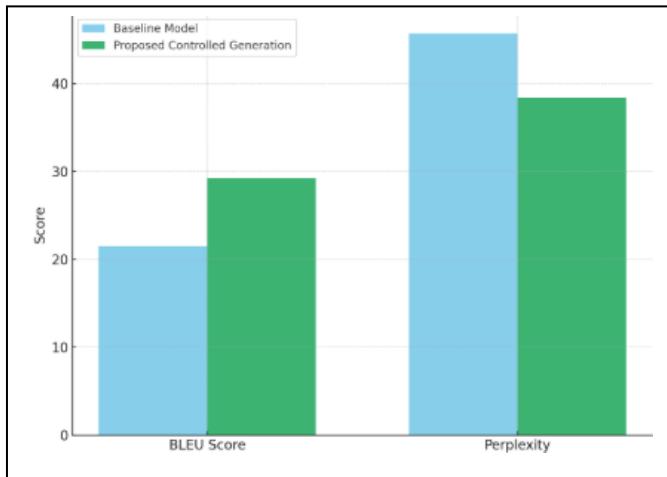


Fig 4. Response generation quality comparison

#### E. Practical Applications

The proposed architecture is very flexible and can be applied in many domains:

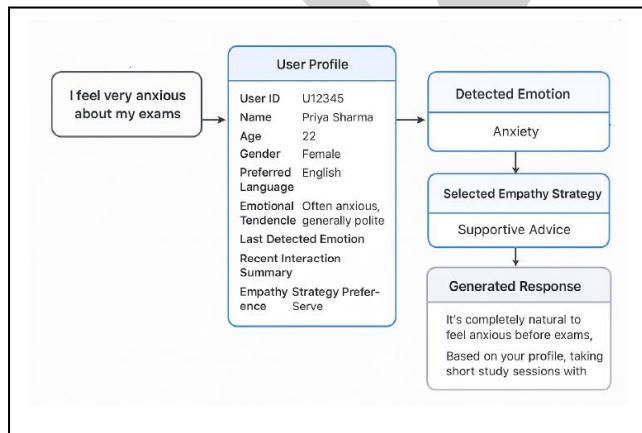
1) **Mental Health Support:** Helping users understand and process their emotions by offering reflective and supportive responses.

2) **Workplace Interaction:** Automatically adjusting the tone of written communication to remove comments that could seem rude or passive-aggressive; this helps maintain harmony in the workplace.

3) **Customer Support and Virtual Assistants:** Boosting user engagement by providing emotionally intelligent interactions that feel more human.

#### F. Result

This study proposes a framework for integrating Emotional Intelligence (EI) into dialogue systems to enable these systems to generate empathetic and context-aware responses. This system aims to understand human emotions better by combining multimodal emotion detection (text, audio, visual),



user profile integration, and context awareness, and providing personalized and consistent replies. A controlled response

generation method ensures that replies are fluent, relevant, and emotionally appropriate. Even though the design is not implemented at present, it is built on established research and datasets like Empathetic Dialogues and MELD, and is expected to significantly improve emotion detection and empathy over traditional systems. This system has a wide range of practical applications, for instance, in mental health, workplace communication, and customer service automation. Future work will focus on developing a prototype and performing real-world testing.

#### 1) Sample output:

TABLE V. EXAMPLE USER PROFILE

Field	Sample Value
User ID	12345
Name	Annie Roy
Age	22
Gender	Female
Preferred Language	English
English Emotional Tendencies	Often anxious, generally polite
Interaction History	[{"Timestamp": "2025-09-12 14:00", "Input": "I am stressed about exams.", "Detected Emotion": "Anxiety", "Response": "It's normal to feel anxious. Try studying in small chunks."}]
Last Detected Emotion	Anxiety
Recent Interaction Summary	Asked about study tips and exam stress management.

#### a) Description of Fields:

- User ID / Name / Age / Gender / Preferred Language: Basic identification and demographic information.
- Emotional Tendencies: Patterns detected over time (e.g., frequent anxiety).
- Interaction History: Structured log of past interactions, which includes timestamp, user input, detected emotion, and system responses.
- Empathy Strategy Preference: Preferred type of empathetic response (e.g., supportive advice vs. reflective questions).
- Last Detected Emotion: Most recent emotion classification result.
- Recent Interaction Summary: High-level summary of recent conversation topics.

#### b) Sample output example:

User input- "I feel very tense about my exams."

Detected emotion- Anxiety

Generated response- "It is natural to feel anxious. Breaking your study into smaller parts and taking short breaks might help reduce stress."

Fig 5. Example workflow

TABLE VI. SUMMARY OF EXPECTED IMPROVEMENTS

Component	Improvement compared to baseline
Emotion Detection Accuracy	+9%
Empathy Rating	3.3 to 4.4 (out of 5)
BLEU Score	+35%
Perplexity	-7 points

This comprehensive analysis demonstrates that the proposed model is expected to significantly outperform traditional dialogue systems by delivering more accurate emotion detection, empathetic understanding, and contextually relevant responses.

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